

Rebound, Confession, Acknowledgement, Naming etc...

I John 1:9 - If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

Psalms 32:5 - I acknowledged my sin to You, And my iniquity I did not hide; I said, "I will confess my transgressions to the LORD"; And You forgave the guilt of my sin.

Proverbs 28:13 - He who conceals his transgressions will not prosper, But he who confesses and forsakes *them* will find compassion.

Evaluation and Identification:

Psalms 139:23-24 - Search me, O God, and know my heart; Try me and know my anxious thoughts; ²⁴ And see if there be any hurtful way in me, And lead me in the everlasting way.

1 Corinthians 11:28 - But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup.

2 Timothy 3:16-17 - All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; ¹⁷ so that the man of God may be adequate, equipped for every good work.

The Mandates:

Ephesians 5:18 - And do not get drunk with wine, for that is dissipation, but be filled with the Spirit,

Rebound and move on: Do not look Back

Philippians 3:13b-14 - but one thing *I do*: forgetting what *lies* behind and reaching forward to what *lies* ahead, ¹⁴ I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Lamentations 3:22-23 - The LORD's lovingkindnesses indeed never cease, For His compassions never fail. ²³ *They* are new every morning; Great is Your faithfulness.

